Don Blythe M.A., LPC 1305 Cyrus McCormick Schertz, TX 78154 (210) 667-3740

Records Release Authorization

Client Name	Medicaid #/Member ID:			
	authorize my provider to Release and Receive ealth information to/from the SECOND PARTY as directed below:			
SECOND PARTY				
Name:				
Address:				
Phone Number:	Fax Number:			
Name:				
Address:				
Phone Number:				
Note any exclusions or limitations	here			
and or discussed with the people o limitations. This form is signed volu	sychological and psychiatric information can be released to a ragencies listed above unless noted by exclusions or untarily and may be revoked at any time. All disclosures lid as long as they were made before the date of revocation.			
Client/Guardian Signature	 Date			
Provider				

PATIENT HEALTH QUESTIONNAIRE (PHQ-9)

NAME:	DATE:				
Over the last 2 weeks, how often have you been					
bothered by any of the following problems? (use "✓" to indicate your answer)	Not at all	Several days	More than half the days	Nearly every day	
1. Little interest or pleasure in doing things	0	1	2	3	
2. Feeling down, depressed, or hopeless	0	1	2	3	
3. Trouble falling or staying asleep, or sleeping too much	0	1	2	3	
4. Feeling tired or having little energy	0	1	2	3	
5. Poor appetite or overeating	0	1	2	3	
6. Feeling bad about yourself—or that you are a failure or have let yourself or your family down	0	1	2	3	
7. Trouble concentrating on things, such as reading the newspaper or watching television	0	1	2	3	
8. Moving or speaking so slowly that other people could have noticed. Or the opposite — being so figety or restless that you have been moving around a lot more than usual	0	1	2	3	
9. Thoughts that you would be better off dead, or of hurting yourself	0	1	2	3	
	add columns	-			
(Healthcare professional: For interpretation of TOTAL, TOTAL: please refer to accompanying scoring card).					
10. If you checked off any problems, how difficult have these problems made it for you to do your work, take care of things at home, or get along with other people?		Not difficult at all Somewhat difficult Very difficult Extremely difficult			

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